**Presenter Information**

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**Links to Resources**

**Anxiety and Depression Association of American (ADAA)**

***Anxiety Disorders at School***

* <https://adaa.org/find-help/by-demographics/children/anxiety-disorders-school>

**Child Mind Institute**

***Back to School Anxiety***

* <https://childmind.org/article/back-school-anxiety/>

***How Does Anxiety Affect Kids in School?***

* <https://childmind.org/article/classroom-anxiety-in-children/>

***Treating Anxiety in Kids by Working With Parents***

* <https://childmind.org/article/treating-anxiety-in-kids-by-working-with-parents/>

**Johns Hopkins School of Medicine**

***5 Tips to Ease Back-to-School Anxiety***

* <https://www.hopkinsmedicine.org/health/wellness-and-prevention/5-tips-to-ease-backtoschool-anxiety>

**Maryland State Department of Education**

***Model Policy: Bullying, Harassment, or Intimidation***

* <https://marylandpublicschools.org/about/Documents/DSFSS/SSSP/Bullying/MarylandsModelPolicyBullyingHarassmentIntimidation.pdf>

***Bullying, Harassment, or Intimidation Reporting Form***

* <https://marylandpublicschools.org/about/Documents/DSFSS/SSSP/Bullying/BullyingReportingFormMSDE_060122.pdf>

**Mental Health America**

***Managing Anxiety in the Classroom***

* <https://www.mhanational.org/blog/managing-anxiety-classroom>

**SPACE Treatment**

* <https://www.spacetreatment.net/>

**WorryWiseKids.org**

***Sample Accommodations for Anxious Kids***

* <https://www.worrywisekids.org/node/40>

**American Academy of Pediatrics (AAP) healthychildren.org**

***School Avoidance: Tips for Concerned Parents***

* <https://www.healthychildren.org/English/health-issues/conditions/emotional-problems/Pages/School-Avoidance.aspx>

**Links to Screening Tools**

**Screen for Child Anxiety Related Emotional Disorders (SCARED)**

* <https://www.pediatricbipolar.pitt.edu/sites/default/files/assets/SCAREDChildVersion_1.19.18.pdf>

**Preschool Anxiety Scale**

* <https://www.scaswebsite.com/portfolio/scas-pre-school-download-scale/>

**School Refusal Assessment Scale – Revised Version**

***Child Scale***

* <https://schoolavoidance.org/wp-content/uploads/2021/11/sras-child-version.pdf>

***Parent Scale***

* <https://schoolavoidance.org/wp-content/uploads/2021/11/SRAS-interactive-pdf-004.pdf>

**Links to Research Articles**

***An Inhibitory Learning Approach to Cognitive-Behavioral Therapy for Children and Adolescents*** (McGuire & Storch, 2019)

* <https://pubmed.ncbi.nlm.nih.gov/31205406/>

***Anxiety in the School Setting: A Framework for Evidence-based Practice*** (Jones, West & Suveg, 2019)

* <https://link.springer.com/article/10.1007/s12310-017-9235-2>

***Child/Adolescent Anxiety Multimodal Study (CAMS): Rationale, Design, Methods*** (Compton et. al., 2010)

* <https://pubmed.ncbi.nlm.nih.gov/20051130/>

***Maximizing Exposure Therapy: An Inhibitory Learning Approach*** (Craske et. al., 2014)

* <https://pubmed.ncbi.nlm.nih.gov/24864005/>

***Lifetime Prevalence of Mental Disorders in US Adolescents: results from the National Comorbidity Survey Replication – Adolescent Supplement (NCS-A)*** (Merikangas, et. al., 2010)

* <https://pubmed.ncbi.nlm.nih.gov/20855043/>

***Students with Anxiety in the Classroom: Educational Accommodations and Interventions*** (Killu, Marc & Crundwell, 2016)

* <https://journals.sagepub.com/doi/abs/10.1177/107429561602500205?journalCode=bbxa>